

# SHSM

SPECIALIST HIGH SKILLS MAJOR

## REQUIREMENTS CHEAT SHEET



# 1

### REQUIRED CREDITS

(Bundle of Credits)

- 4 Non-Profit major credits (Gr. 11 or 12)
- 1 English credit (Gr. 11 or 12)
- 1 Math credit (Gr. 11 or 12)
- 1 Business studies or Science or additional Co-op Credit (Gr. 11 or 12)
- 2 Cooperative education credits (Gr. 11 or 12)

# Non-Profit

# 2

### CERTIFICATION WORKSHOPS

(Sector-recognized certifications & training)

#### COMPULSORY

**Must complete the following:**

- Cardiopulmonary Resuscitation (CPR) Level C- includes automated external defibrillation (AED)
- Ethical considerations
- Standard First Aid
- Workplace Hazardous Materials Information System (WHMIS) - generic (i.e., not site-specific) instruction

#### ELECTIVES

**Must complete three (or more) of the following:**

- |  |  |
|--|--|
| <input type="checkbox"/> Advanced training in a technique            | <input type="checkbox"/> Leadership skills               |
| <input type="checkbox"/> Advanced training in a technology           | <input type="checkbox"/> Legal/administrative procedures |
| <input type="checkbox"/> Anti-oppression & allyship training         | <input type="checkbox"/> Mental health awareness         |
| <input type="checkbox"/> Behavior management                         | <input type="checkbox"/> Mental Health First Aid         |
| <input type="checkbox"/> Communication skills                        | <input type="checkbox"/> Non-violent crisis intervention |
| <input type="checkbox"/> Compass/map/global positioning system (GPS) | <input type="checkbox"/> Personality inventory           |
| <input type="checkbox"/> Conflict resolution                         | <input type="checkbox"/> Portfolio development           |
| <input type="checkbox"/> Customer service                            | <input type="checkbox"/> Project management              |
| <input type="checkbox"/> Environmental awareness                     | <input type="checkbox"/> Proposal/grant writing          |
| <input type="checkbox"/> Equity and inclusion                        | <input type="checkbox"/> Sector-specific software 1      |
| <input type="checkbox"/> Event coordination                          | <input type="checkbox"/> Self-defense                    |
| <input type="checkbox"/> First aid/CPR/AED awareness                 | <input type="checkbox"/> Social media networking         |
| <input type="checkbox"/> Fundraising                                 | <input type="checkbox"/> Successful exhibiting           |
| <input type="checkbox"/> Group dynamics                              | <input type="checkbox"/> Wilderness first aid            |
| <input type="checkbox"/> Incident management                         |  |
| <input type="checkbox"/> Infection control                           |  |

# 3

### EXPERIENTIAL LEARNING

(And career exploration activities)

**Do at least one. Examples?**

- Job Shadowing
- 1-2 Weeks in the field
- Other unique experiences

# 4

### REACH AHEADS

(Experiences to try out your path)

**Attend at least one. Examples?**

- Career panel or speaker
- Interview with current students or employees
- Campus or job site visit

# 5

### SECTOR-PARTNERED EXPERIENCE (SPE)

(Industry-relevant activities)

**Do at least one of these trainings:**

- Industry-relevant coding
- Industry-relevant mathematical literacy
- I.C.E. (Innovation, Creativity, & Entrepreneurship) Training



Beanstalk does this stuff.

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CREATIVE